

B three blue ducks

BREAKFAST

7am - 11:30am

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| The Bread Social croissant or sourdough toast, house made berry jam & cultured hand made butter | 8 |
| Pear & almond fruit toast, house made orange marmalade & cultured hand made butter (n) | 10 |
| Apple crumble porridge, almond cinnamon crunch, preserved peach (v, vg, df, n) | 18 |
| Mirrabrooka bacon roll, cheese, slaw, fried egg, bacon relish, pickled chilli, milk bun <i>add avocado hummus 5</i> | 18 |
| Avocado hummus, poached eggs, pickled chilli, Farm greens, hemp seed crunch, sourdough (v, df) <i>add halloumi 7</i> | 22 |
| Roasted Farm eggplant, poached eggs, kasundi, dukkah, tahini yoghurt, charred flat bread (v, n) <i>add bacon 6</i> | 23 |
| Harissa roasted pumpkin, turmeric cashew cream, sauerkraut, sprouts, Farm greens (gf, df, v, vg, n) <i>add bacon 6</i> | 24 |
| Blood sausage, spiced pear & beetroot chutney, Farm greens, herb salad, shallots, fried egg, sourdough toast (df) <i>add bacon 6, add avocado hummus 5</i> | 25 |
| Spanner crab scramble, chilli, coriander, lime, bean sprouts, Farm beans, peanuts, shallots, sriracha, sourdough (df, n) <i>add avocado hummus 5</i> | 26 |

EXTRAS

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| Swap sourdough for sprouted quinoa & millet loaf (gf) | 2.5 |
| Additional poached eggs or avocado hummus | 5 |
| Free-range bacon or eggplant | 6 |
| Halloumi or blood sausage | 7 |

DRINKS & COLD PRESSED JUICE

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| Mr Fulcher's original recipe iced tea - pineapple, lemon, Earl Grey | 5 |
| Organic kombucha - hibiscus, elderflower, ginger, turmeric | 8 |
| Organic orange juice | 8 |
| Gingered apple juice - organic apple, ginger, lemon | 8 |
| Green juice - green apple, celery, pear, capsicum, kale, spinach, lemon, ginger | 9 |
| Watermelon juice - organic watermelon, apple, strawberry, pomegranate, lime | 9 |
| Beetroot juice - organic beetroot, organic apple, cucumber, lime & ginger | 9 |

SMOOTHIES & MOCKTAIL

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| Banana, cinnamon, date, coconut (gf, df, vg) | 9 |
| Cacao, peanut, banana, honey, coconut (gf, df, n) | 9 |
| Add 10g Bear 'Repair' Australian hemp Seed Protein Superpowder | 2 |
| Seasonal Faux-Jito - seasonal berries, mint, lemonade, lime | 10 |

COCKTAILS

From 10am

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| Virgin Mary/Hail Mary - tomato juice kombucha, Worcestershire, chilli & lemon/with vodka | 12/18 |
| Steady Eddie breakfast martini - Brookie's Slow Gin, cinnamon myrtle, lemon, Campari & Brookie's spent gin jam | 18 |