

B three blue ducks

BREAKFAST

7am - 11:30am

The Bread Social croissant or sourdough toast, house made berry jam & cultured hand made butter	8
Pear & almond fruit toast, house made orange marmalade & cultured hand made butter (n)	10
Apple crumble porridge, almond cinnamon crunch, preserved peach (v, vg, df, n)	19
Mirrabrooka bacon roll, cheese, slaw, fried egg, bacon relish, pickled chilli, milk bun <i>add avocado hummus 5</i>	18.5
Avocado hummus, poached eggs, pickled chilli, Farm greens, hemp seed crunch, sourdough (v, df) <i>add halloumi 7</i>	23
Roasted Farm eggplant, poached eggs, kasundi, dukkah, tahini yoghurt, charred flat bread (v, n) <i>add bacon 6</i>	23
Harissa roasted pumpkin, turmeric cashew cream, sauerkraut, sprouts, Farm greens (gf, df, v, vg, n) <i>add bacon 6</i>	22
Blood sausage, spiced pear & beetroot chutney, Farm greens, herb salad, shallots, fried egg, sourdough toast (df) <i>add bacon 6, add avocado hummus 5</i>	24
Spanner crab scramble, chilli, coriander, lime, bean sprouts, Farm beans, peanuts, shallots, sriracha, sourdough (df, n) <i>add avocado hummus 5</i>	27

EXTRAS

Swap sourdough for sprouted quinoa & millet loaf (gf)	2.5
Additional poached eggs or avocado hummus	5
Free-range bacon or eggplant	6
Halloumi or blood sausage	7

DRINKS & COLD PRESSED JUICE

Mr Fulcher's original recipe iced tea - pineapple, lemon, Earl Grey	6
Organic kombucha - hibiscus, elderflower, ginger, turmeric	9
Organic orange juice	9
Gingered apple juice - organic apple, ginger, lemon	9
Watermelon juice - organic watermelon, apple, strawberry, pomegranate, lime	9
Beetroot juice - organic beetroot, organic apple, cucumber, lime, ginger	9

SMOOTHIES & MOCKTAIL

Banana, cinnamon, date, coconut (gf, df, vg)	9
Cacao, peanut, banana, honey, coconut (gf, df, n)	9
Add 10g Bear 'Repair' Australian hemp Seed Protein Superpowder	2
Seasonal Faux-Jito - seasonal berries, mint, lemonade, lime	10

COCKTAILS

From 10am

Virgin Mary/Hail Mary - tomato juice kombucha, Worcestershire, chilli & lemon/with vodka	12/18
Steady Eddie breakfast martini - Brookie's Slow Gin, cinnamon myrtle, lemon, Campari & Brookie's spent gin jam	18