



# BREAKFAST

7am - 11:15am

|   |    |
|---|----|
| The Bread Social croissant or sourdough toast, cultured hand made butter, house made berry jam or Oomite (v)  | 8  |
| Pear & almond fruit toast, house made marmalade, cultured hand made butter (v, n)   | 9  |
| Bircher muesli, pineapple, mango, coconut, macadamia, charred lime (df, n, vg)  | 16 |
| Local free-range bacon & fried egg roll, cheese, slaw, bacon relish, pickled chilli <i>add avocado hummus 4</i>   | 18 |
| Avocado hummus, charred corn, sunflower, sprouts, pickled chilli, poached eggs, toasted sourdough bagel (df, v) <i>add bacon or roasted portobello mushroom 6</i> | 22 |
| Farmer's bruschetta, roasted & pickled summer veg, cashew cream, herb toast, dukkah (vg, n) <i>add bacon 6</i>  | 22 |
| Filipino sausage, fried brown rice, sambal, fried egg, banana relish (gf, df)   | 26 |
| Spanner crab scramble, chilli, coriander, lime, bean sprouts, Farm beans, peanuts, shallots, sriracha, sourdough (df, n)  | 27 |

## EXTRAS

|   |     |
|---|-----|
| Fried or poached egg                            | 3   |
| Free range bacon or roasted portobello mushroom | 6   |
| Avocado hummus                                  | 4   |
| Swap sourdough for GF bread                     | 2.5 |

## BREAKFAST COCKTAILS after 10am

|  |    |
|--|----|
| Badass Bloody Mary - Wyborowa vodka, tomato juice, house made hot sauce, lemon, pickle | 15 |
| Ducks Spritz - Aperol, Beefeater gin, smoked sage, thyme, burnt orange, lemon          | 16 |
| Mimosa - Sparkling wine, orange juice  | 12 |

## HAVE YOU TRIED OUR NEW RESTAURANT, OMA?

Open for dinner Thurs - Monday in the heart of Byron at 6 Lawson Street, Oma has a 50 strong wine list & is open for dinner until 9pm with a deli counter menu offering past midnight.

The perfect place to end your day or night in Byron!  
Book now; [www.omafoodandwine.com](http://www.omafoodandwine.com) or 02 8960 7478.

## JUICES, COLD DRINKS & SMOOTHIES

|  |    |
|--|----|
| Gingered apple juice, orange juice, green juice or watermelon & strawberry juice                 | 9  |
| Forest Hibiscus, elderflower & turmeric kombucha   | 9  |
| Chocolate milk   | 7  |
| Mango smoothie - banana, orange, macadamia, Bear repair prebiotic superpowder                    | 12 |
| Banana smoothie - date, cashew, cinnamon, wattleseed, coconut milk & coconut cream               | 12 |
| Mockito - Seasonal fruits, mint, lime  | 10 |
| Cranberry Hampton - cranberry, apple, orange, cinnamon, clove, star anise                        | 12 |
| Virgin Mary - Tomato juice, homemade chilli sauce, balsamic vinegar, worcestershire, lemon juice | 12 |

gf: gluten free df: dairy free v: vegetarian vg: vegan n: contains nuts cf: caffeine free

Alterations to the menu are respectfully declined (dietary requirements excepted)

Card payments incur a 0.9% surcharge. A surcharge of 10% on Sundays and 15% on public holidays will be applied.

Discretionary gratuity of 8% is applied to groups of 12 or more.

Follow us on Instagram to find out about changes to our offering, events & regular food specials.



threeblueducks



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[www.threeblueducks.com](http://www.threeblueducks.com)

## COFFEE & TEA

### COFFEE - SINGLE O

our coffee is direct traded & forest friendly

|  |     |
|--|-----|
| WHITE - All classic milk coffees made with 'Killerbee' blend                     | 4   |
| Large  | 5   |
| Add Happy Happy Soy Boy  | 0.5 |
| Add Nutmylk almond   | 1   |
| Add Macamilk Macadamia   | 1   |
| Add Minor Figures oat mylk   | 1   |
| Iced latte   | 4.5 |
| Iced coffee - milk, vanilla bean ice cream & two shots of coffee                 | 8   |
| Iced chocolate - milk, vanilla bean ice cream, organic raw cacao & coconut sugar | 8   |
| Affogato - two shots of coffee over vanilla bean ice cream                       | 8   |
| BLACK / FILTER - Ask about this week's origin                                    |     |
| Espresso / long black  | 4.5 |
| v60 pour over 330ml  | 8   |
| Aeropress 230ml  | 6   |
| Batch brew   | 4   |
| Cold brew  | 5   |

### ORGANIC WET CHAI - BY CHAMELLIA

Wet Chai is black tea and chai spices soaked in honey

|                                |     |
|--------------------------------|-----|
| Pot of chai (brewed with milk) | 5.5 |
| Chai latte                     | 5.5 |
| Organic matcha latte           | 5   |

### TEA BY THREE BLUE DUCKS

Made from certified organic ingredients

All are available for sale in the produce store

|   |     |
|---|-----|
| Rooibos pot of chai (without honey, brewed with milk)                               | 5.5 |
| Organic dandelion latte   | 5   |
| Golden chai - house made with organic spices, ginger, turmeric, almond milk & honey | 6   |
| Life Cykel Medicinal Mushroom extract choose from Lion's Mane, Cordyceps or Reishi  | 1.5 |
| Chai tea (brewed with hot water)  | 5.5 |

### TEA BY THREE BLUE DUCKS

Made from certified organic ingredients

ALL 5

All are available for sale in the produce store

|   |
|---|
| English Breakfast - Fine grade black tea from Sri Lanka. Character-rich and full of flavour to cut through milk |
| Earl Grey - An Organic Ceylon tea & cornflowers blend infused with twice-refined organic Spanish bergamot oil   |
| Ginger Zing - Ginger, lemongrass, lemon myrtle, calendula   |
| Inner Calm - Chamomile, peppermint, lemon balm, passionflower   |
| Immuno-Boost - Echinacea, spearmint, ginger, lemongrass, lemon myrtle   |
| Detoxify - Dandelion, liquorice, nettle, verbena, calendula, eucalyptus   |
| Energy Kick - Ginkgo, gotu kola, oat straw, rose root, peppermint, ginseng                                      |
| Misty Farm - Peppermint, elderflower, rosehip, lemon myrtle, hibiscus   |
| Sencha - Organic pan-fired Chinese green tea  |

### TEA BY CHAMELLIA

Rare single origin teas

ALL 8

We offer a second brew for these special teas

|   |
|---|
| Jasmine Dragon Pearl - sweet, medium-bodied green tea with an alluring velvety texture, with inviting floral tones. |
| Wild Ancient - hand-made black tea  |
| Yushan Oolong - creamy texture and long finish with flavours of crisp stone fruits.                                 |

### SOURCE WATER

SOURCE water is made from sunlight & the atmosphere by the 10 hydropanel on our roof.

100% of the cost from purchasing this water goes towards funding 10 hyropanels for Murrurundi primary school in the drought stricken Upper Hunter Valley.

SOURCE water - unlimited 3pp

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