

BREAKFAST

Toasted sourdough, cultured butter, house made Ducksmite (v) | 8

Lemongrass & coconut rice, charred pineapple, coconut yoghurt, mango, cashew & coconut crumb (gf, df, n, vg) | 16

Breakfast roll - bacon, egg, green harissa, pickled slaw, mayo | 17

Avocado, toasted sourdough, goats curd, zhoug, herb salad (v) | 19 + *poached eggs* / 5, + *bacon* / 6

Huevos rancheros, blue corn tortilla, halloumi, chipotle mushrooms, black bean, fried egg, pico de gallo (gf, v) | 23 + *bacon or black sausage* / 6

Kingfish pastrami, butter bean hummus, ras el hanout, poached egg, herb labneh, pickled chilli, hemp seed dukkah, flatbread | 24

Roast broccolini, red capsicum & cashew puree, potato hash, smoked macadamia, preserved lemon, blistered cherry tomatoes, green olive (gf, df, vg, n) | 22 + *poached eggs* / 5

Black sausage, scrambled eggs, dill, cucumber yoghurt, red currant jam, toasted sourdough | 25 + *bacon or avocado* / 6

EXTRAS

Avocado, bacon, kingfish pastrami, grilled halloumi, black sausage, potato hash | 6

Two eggs | 5

MessySpoon Wholefoods gluten free bread | 3.5

GO ON THEN...

Alcoholic beverages available after 10am

Bry's Badass Bloody Mary | 17

Wyborowa vodka, Duck's hot sauce, tomato mary mix, lemon, chilli

Midnight Sun Spritz | 17

Campari, grapefruit, lemon verbena, prosecco, soda

COFFEE - SINGLE 0

BLACK - rotating single origin

WHITE - killer bee blend, our coffee blend is fair trade

Small 4.5, large 5

Espresso / piccolo / macchiato / long black | 4.2

Light roast cold brew / batch brew | 5

Extra shot / decaf / Happy Happy Soy Boy | 0.5

Macca Mylk / Minor Figures oat mylk | 1

Milk on the side | 0.5

Honey | free

TEA BY THREE BLUE DUCKS | 5

Inner calm | chamomile, peppermint, lemon balm, passionflower

Immuno-boost | echinacea, spearmint, ginger, lemongrass, lemon myrtle

Detoxify | dandelion, liquorice, nettle, verbena, calendula, eucalyptus

Ginger zing | ginger, lemongrass, hibiscus, lemon myrtle, calendula

Energy kick | ginkgo, gotu kola, oat straw, rose root, peppermint, ginseng

Misty farm | peppermint, elderflower, rosehip, lemon myrtle, hibiscus

Plus all the usual suspects | english breakfast, earl grey, sencha, jasmine

CHAI

Sticky Chai Pot - wet chai by Chamellia | 6

Rooibos chai - House blend chai by Three Blue Ducks (cf) | 5

COLD PRESSED JUICES | 9

Valencia orange

Green apple, ginger, lemon

Watermelon, apple, strawberry, pomegranate, lime

Celery, green apple, spinach, lemon, ginger, botanicals

SMOOTHIES | 12

Mango coconut smoothie - Mango, apple, coconut & passionfruit

Triple berry smoothie - Strawberry, blueberry, raspberry, coconut milk & apple juice

COLD DRINKS

Sparkling water | unlimited 3pp

Karma cola, dry tonic, lemonade, ginger ale | 6

Mailer Mcquire kombucha | 12


Chocolate milkshake | 7


House-made lemon, lime & bitters | 7


House-made lemonade | 7

Noperol Spritz - Lyre's Italian spritz, orange, lemon, soda | 16

Espre-no Martini - Lyres coffee liquor, Lyres white cane spirit, coffee, vanilla | 16

 threeblueducks

 threeblueducks

 threeblueducks.com

GF: GLUTEN FREE DF: DAIRY FREE V: VEGETARIAN VG: VEGAN N: CONTAINS NUTS

A surcharge of 10% on Sundays and 15% on public holidays will be applied. Alterations to menus are respectfully declined (dietary requirements excepted). Card payments incur a 0.9% surcharge. Discretionary gratuity of 8% is applied to groups of 12 or more. Follow us on Instagram for updates to offerings, events & food specials.

WELCOME DRINKS

Midnight Sun Spritz | 17
Campari, grapefruit, lemon verbena, prosecco, soda

El Mercadito | 20
El Jimador Blanco tequila, pineapple, jalapeño, Chartreuse, agave, lime

SMALLS

Freshly shucked Sydney rock oysters, Granny smith apple & shallot vinegar (gf, df) | 5.5 / 30 / 58

Fresh sourdough, cultured chicken skin butter or miso & burnt onion butter | 8

Roasted red capsicum & cashew hummus, dukkah, flatbread (df, vg, n) | 16

Burnt leeks, macadamia cheese, capers, smoked macadamias (gf, df, vg, n) | 22

Beef carpaccio, fig, blackberry, dark chocolate, smoked almond tarator (n) | 26

Hiramasa kingfish crudo, avocado buttermilk, green chilli, finger lime, quinoa cracker (gf) | 28

Woodfired half shell scallop, anchovy butter, chives, lemon (gf) | 32

SIDES

Crispy herb garlic chat potatoes, sour cream, charred onions (v) | 13

Baby cos lettuce, shaved eschalot, green goddess dressing (gf, v) | 13

Grilled corn, hot sauce, furikake, lime (gf) | 14

MIDWEEK BURGER SPECIAL

Includes crispy potatoes | 24

available lunch Tuesday - Thursday

BIGS

Coal roasted Skull Island prawns, XO nduja, steamed Asian greens, lemon (gf) | 45 / 69

Marky's Indonesian chicken, peanut sauce, gado gado, beansprout, coriander (n, df) | 36

Whole wood fired lemon sole, salsa matcha, peas, avocado, herb salad (df, gf, n) | 38

Porchetta, toum, roast spring onion, ancient grains tabbouleh, shaved pear | 37

Hawaij spiced cauliflower, beetroot hummus, butternut pumpkin, pomegranate, golden raisins, cashew cream (vg, df, gf, n) | 31

Casarecce pasta, goats curd, zucchini, oregano, preserved lemon, gremolata (v) | 32

DESSERT

Basque burnt cheesecake, vanilla, cherry sorbet (gf, v) | 16

Dark chocolate mousse, avocado puree, lime sorbet (gf, v) | 16

Shaved pineapple, red chili, yuzu sorbet, vanilla whipped tofu, puffed wild rice (vg, df, gf) | 16

Peach Melba bombe Alaska (gf, v) | 18

SIX HOUR SPIT ROASTED LAMB

Chimmichurri, lamb jus (gf, df) | 46

available Wednesday - Sunday