

BREAKFAST

Sourdough toast, whipped butter, mixed berry jam or Oomite (v) | 8

Toasted banana bread, cashew butter (v, n) | 11

Free-range bacon & egg brioche sesame seed roll, slaw, burger sauce | 18

Mortadella toastie, tomato relish, pickles, cheddar, Dijon | 15

Black rice & coconut porridge, citrus marmalade, rhubarb, macadamia, mixed seeds (gf, df, vg, n) | 18

Braised beans, spiced tomatoes, roasted mushrooms, fried egg, herb salad, grilled sourdough (df, v) | 24 + grilled chorizo | 8 + halloumi | 6

Peri-peri glazed poached eggs, grilled chorizo, roasted pumpkin salad, cashew dukkah, toasted sourdough (df, n) | 25 + avocado | 6

Spanner crab scramble, bean sprout, green papaya, coriander, lime, toasted peanuts, sriracha, toasted sourdough (df, n) | 27

Pulled lamb & mash potato cakes, harissa yoghurt, poached eggs, pepita, dukkah (gf) | 26

Ham, cheese, tomato croissant | 11

Cheese & tomato croissant (v) | 10

EXTRAS

+ Halloumi, avocado | 6

+ MessySpoon gluten free bread | 3.5

+ Free-range bacon | 7 + Grilled chorizo | 8

+ Additional poached eggs | 5

COCKTAILS

Badass Bloody Mary - Wyborowa vodka, tomato juice, house-made hot sauce, lemon | 17

Feel good spritz - Adelaide Hills Distillery bitter orange, misty farm tea, lemon, prosecco, soda | 19

Mimosa - orange, prosecco | 12

NON-ALC COCKTAILS

Noperol Spritz - Lyre's Italian spritz, orange, lemon, soda | 16

Virgin Mary - tomato juice, house-made hot sauce, lemon | 12

Ambrosia Fizz - grapefruit shrub, vanilla, orange blossom, lemon, soda | 12

COLD DRINKS

Sparkling water | unlimited 5pp

Capi native tonic, flamin' ginger beer | 6

Two Boys 'Silk Road' ginger & lemon myrtle kombucha | 9

House-made lemonade, ginger beer | 7

Chocolate milk | 7

Heaps Normal non-alcoholic beer | 8

Sobah 'Finger Lime Cerveza' | 10

LUNCH SPRING MENU

Melbourne

SMALLS

House-made sourdough focaccia, whipped butter (v) | 9

Sydney rock oysters, citrus dressing (gf, df) | 6/34/66

Sweet potato hummus, crispy onions, house-made sourdough focaccia (df, vg) | 17

Burrata, roasted & pickled beetroots, witlof, Davidson's plum salt, fennel seed crunch (v) | 26

Spiced lamb ribs, burnt eggplant, tabouli, garlic yogurt | 25

Raw kingfish, bbq pineapple, sweet & sour lime dressing, green chilli, cucumber, nori (gf, df) | 26

BIGS

Red curry mussels, bok choy, brown rice, coconut & peanut sambal (gf, df, n) | 38

Orecchiette pasta, tomato cream, toasted bread crumbs, parmesan, oregano (v) | 29

Roasted half chicken, honey & lemon thyme glaze, sweetcorn salsa (gf, df) | 38

Maple glazed pumpkin, confit chickpeas, cashew cream, dukkah, citrus & watercress salad (vg, gf, df, n) | 29

Slow roasted lamb, salsa verde, caramelised fennel, almonds (gf, df, n) | 44

Fried chicken burger, brioche & sesame seed roll, burger sauce, pickles, slaw, confit garlic aioli potatoes | 26

300g grass-fed porterhouse steak, garlic & caper butter, whole grain mustard, charred cos, pickled eschalots, beef jus (gf) | 58

SIDES

Char grilled asparagus & broccolini, herb stem tahini sauce, crispy pork skin (gf, df) | 17

Potatoes, rosemary salt, confit garlic aioli (gf, df, v) | 13

Mixed grains, beetroot, lemon dressing, pickled fennel, pepita seeds (df, vg) | 14

DESSERT

BBQ pineapple, coconut custard, mango, lemongrass syrup, sesame seed praline (vg, gf, df) | 16

Tiramisu, coffee, chocolate, macadamias, mascarpone, salted caramel (gf, v, n) | 16

FEED ME | 70

Let us decide for you, with a round up of our favourite dishes!
Ask our friendly staff for more details

COFFEE - SINGLE 0

- Black - rotating single origin, long black | 5
- White - killer bee blend, fair trade coffee | 4.5
- Espresso, piccolo, macchiato | 4.5
- Iced latte | 5
- Iced coffee, Iced chocolate, affogato | 8.5
- Light roast cold brew, batch brew | 5.5
- Hot chocolate | 4.5
- Matcha latte | 5.5
- + Minor Figures Oat, Happy Soy Boy | 1
- + Almond | 1.5
- + Large | 1
- + Extra shot, decaf | 0.5
- + Milk on side, honey | free

TEA BY THREE BLUE DUCKS | 5.5

- Inner calm | chamomile, peppermint, lemon balm, passionflower
- Immuno-boost | echinacea, spearmint, ginger, lemongrass, lemon myrtle
- Detoxify | dandelion, liquorice, nettle, verbena, calendula, eucalyptus
- Ginger zing | ginger, lemongrass, hibiscus, lemon myrtle, calendula
- Energy kick | ginkgo, gotu kola, oat straw, rose root, peppermint, ginseng
- Misty farm | peppermint, elderflower, rosehip, lemon myrtle, hibiscus
- Plus all the usual suspects | english breakfast, earl grey, sencha, jasmine

CHAI | 6

- Sticky Chai Pot - wet chai by Chamellia
- House brew chai latte
- Rooibos chai - House blend chai by Three Blue Ducks (cf)

COLD PRESSED JUICES | 9

- Watermelon, apple, strawberry, pomegranate, lime juice
- Celery, green apple, spinach, lemon, ginger, botanicals juice
- Green apple, ginger, lemon juice
- Valencia orange juice